

White Board for UWM “Transforming Blame” February 22, 2022

Hearing Blame and Judgment Differently

<i>What was Said?</i>	<i>What Can I Hear Now?</i>
People aren't coming back	Fear: Loss of community, need for security.
You said you would take care of it	Partnership, trust, support, dependability
Why did you do that?	Fear: Partnership, support, mourning loss of expectations, clarity, shared understanding, communication.
Nobody will volunteer	
You don't believe me	
This always happens when you do it	
You are such a ...	
You compartmentalize things	
I guess the fact you didn't call says it all	Fear: Acceptance, mattering, lack of intimacy, belonging, care, intimacy, acknowledgement.
I'm the only one who ever does anything	Appreciation, partnership, cooperation, community, interdependence, being seen, acknowledgement, participation.
You always... or you never...	
They did it...	